



Be cared for in the comfort of your own home



What is Home Health Care?

Home Health Care brings services to you in the privacy of your home and helps you remain in familiar surroundings. Services such as skilled nursing care, therapy, personal care and sitter services can be provided to individuals of any age.

Skilled medical professionals can care for you in your home when you are ill or disabled as an alternative to a longer hospital stay or nursing home placement.

You and your physician choose the best setting for your care.

We provide a full range of professional medical services:

- Adult, Perinatal and Pediatric Skilled Nursing
- Wound Care
- Nursing Related to I.V. Therapy
- Laboratory Tests
- Physical Exams/Assessments
- Colostomy Care
- Patient/Family Education
- Home Health Aide Services
- Physical Therapy
- Occupational Therapy
- Medical Social Worker
- Sitter/Homemaker/Companion
- Medicaid Home & Community-Based Waiver Services

** Hospice Services also provided by Trover Health System*

Who Pays the Bill?

Medicare, Medicaid and private insurance may cover some of the cost of home health care. Care can be paid for privately by the individual or family. Requirements and benefits of private insurance vary greatly. Check with Home Health and your insurance company to determine your coverage. Some major payment sources include:

Medicare: This federal health program pays for home health services if the patient is under a physician's care, seen regularly by a physician, is homebound and requires a skilled service. The services must be intermittent, that is, not needed on a full-time basis.

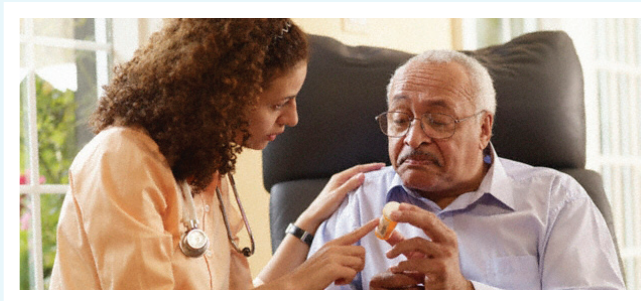
Medicaid: This medical assistance program is administered by the state. The patient must be under a physician's care, must be seen regularly by a physician and must have a current Medical Assistance card.

Private Health Insurance: Private insurance coverage is limited to physician-directed medical services. Coverage varies greatly. Your insurance company can give you details of your individual coverage.

Veteran's Benefits: The Veterans Administration (VA) arranges for home health services for eligible veterans. The VA makes individual determinations.

Worker's Compensation: Anyone needing home care services as a result of job-related injury may be eligible. Determination and eligibility information can be obtained from the employer or from worker's compensation representatives.

Tricare: This program covers dependents of active military personnel, military retirees and their dependents and survivors.



Patient/Private Pay Programs

There are a variety of programs that can meet the patient's needs without having to qualify for Medicare or Medicaid. Physician-directed home health services can be paid for with personal funds. The charges should be agreed upon before services are accepted.

Sitter/Homemaker: A qualified and trained person will provide companionship, meal preparation, housekeeping, and other related services. Personal care duties cannot be performed.

Bathing Service: A certified nurse aide will provide assistance with bathing and grooming. No vital signs or housekeeping is provided.

Nail Care Service: A certified nurse aide will provide toenail trimming. *If the patient is Diabetic, this will require licensed personnel.

Hourly CNA: A certified nurse aide will provide assistance with bathing & grooming. In addition, the nurse aid may perform other duties, such as: light housekeeping, meal preparation, laundry, & errands.

Hourly PCA: A qualified and trained person will provide incontinent care and meal feedings. Personal care duties cannot be performed.

What Services are Provided?

Home Health Services begin with a registered nurse who develops a plan of care with you, your doctor and your family. Skilled nursing care can include physical exam/assessment, wound care and dressing changes, catheter care, I.V. therapy, colostomy care and patient/family education. The nurse coordinates your care at home and keeps the doctor informed of your progress.

Home Health Aide Services supplement care provided by registered nurses by helping with daily needs. Services include assistance with personal care, meals, simple prescribed exercises and limited household tasks.

Medical Supplies such as dressings and catheters are available from Home Health.

Medical Social Workers can provide home care through education and counseling.

Physical Therapy & Occupational Therapy are available to assist patients to function at home as independently as possible.

Sitter, Homemaker and Companion services are offered through Home Care Advantage. These services do not require a physician referral.

Telehealth is a means of monitoring patients on a more frequent basis utilizing technology to monitor blood pressure, pulse, weight, oxygen saturation, blood glucose and peak flow results. Monitors reside in the patients home and require a standard telephone (or POT -- plain old telephone line) connection.

Other services available at an hourly or per visit rate include registered nurses, licensed practical nurses, physical therapy, occupational therapy and medical social workers.

Where is Home Health available?

Regional Medical Center Home Health Services are available in Caldwell, Christian, Hopkins, Trigg, Muhlenberg, McLean, Union, Webster, Crittenden, Todd and Lyon Counties. Patients do not need to have been hospitalized to receive home health care.



How Can I Obtain Home Health Care?

Your physician must order specific home health services; however, if you feel you may qualify for home health services or if you would like more information, please call to discuss your situation.

Home Health serves eleven counties from the Hopkins and Muhlenberg County offices.

Call Home Health 1.800.264.5089

270.383.3900
(Hopkins County)

270.754.4702 or 800.357.8803
(Muhlenberg County)

Regional Medical Center Home Health Services has more than four decades of experience in providing healthcare at home. The hospital agency is accredited by the Joint Commission on Accreditation of Health Care Organizations and certified for payment by the Medicare and Medicaid programs.

Regional Medical Center

Home Health Services & Home Care Advantage

A Division of RMC Home Health Sitter, Homemaker & Companion Services

270.383.3900

or toll free outside Hopkins County

1.800.264.5089

Professional care is available 24 hours a day, 7 days a week.



www.troverhealth.org



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